



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Eisenhart, Wolfgang

Club: Langen

Number: 659

Course: 10.00 km

10 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 59:34

Speed: 10.07 km/h

Running performance: 5:58 min/km

Rank in course/Total: 151 (of 180)

Rank in course/Men: 122 (of 140)

Best time in course: 34:14

Rank in category: 29(of 32)

Best time in the category: 36:49