



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Stein, Lolita

Club: Karben
Number: 579

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 59:37

Speed: 10.06 km/h
Running performance: 5:58 min/km

Rank in course/Total: 152 (of 180)

Rank in course/Women: 30 (of 40)

Best time in course: 41:30

Rank in category: 6(of 6)

Best time in the category: 48:22