



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Lepnik, Gutrún

Club: KSV Klein-Karben 1890 e.V.  
Number: 669

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W65 (65-69 Jahre)

Total time: 1:00:25

Speed: 9.93 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 153 (of 180)

Rank in course/Women: 31 (of 40)

Best time in course: 41:30

Rank in category: 1(of 1)

Best time in the category: 1:00:25