



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Leidel, Niko

Club: Marathonprojekt Frankfurt  
Number: 546

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:00:27

Speed: 9.93 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 154 (of 180)

Rank in course/Men: 123 (of 140)

Best time in course: 34:14

Rank in category: 13(of 15)

Best time in the category: 39:50