



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Schnabel, Mike

Club: Niddatal
Number: 571

Course: 10.00 km
10 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:00:58

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 156 (of 180)

Rank in course/Men: 125 (of 140)

Best time in course: 34:14

Rank in category: 30(of 32)

Best time in the category: 36:49