



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Bach, Monika

Club: Oberursel

Number: 504

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:03:26

Speed: 9.46 km/h

Running performance: 6:20 min/km

Rank in course/Total: 168 (of 180)

Rank in course/Women: 36 (of 40)

Best time in course: 41:30

Rank in category: 7(of 7)

Best time in the category: 41:30