



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Dickhardt, Ludwig

Club: TSG Eppstein

Number: 510

Course: 10.00 km

10 km - Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:05:01

Speed: 9.23 km/h

Running performance: 6:30 min/km

Rank in course/Total: 173 (of 180)

Rank in course/Men: 136 (of 140)

Best time in course: 34:14

Rank in category: 7(of 8)

Best time in the category: 47:24