



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Kneip, Klaus-Dieter

Club: Bad Vilbel  
Number: 538

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:10:24

Speed: 8.52 km/h  
Running performance: 7:02 min/km

Rank in course/Total: 178 (of 180)

Rank in course/Men: 139 (of 140)

Best time in course: 34:14

Rank in category: 8(of 8)

Best time in the category: 47:24