



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Steindl, Marc

Club: MTV Kronberg
Number: 143

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:25:46

Speed: 14.69 km/h
Running performance: 4:04 min/km

Rank in course/Total: 7 (of 177)

Rank in course/Men: 7 (of 144)

Best time in course: 1:12:48

Rank in category: 2(of 36)

Best time in the category: 1:24:20