



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Beinenz, Mario

Club: LuT Aschaffenburg
Number: 3

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:27:49

Speed: 14.35 km/h
Running performance: 4:10 min/km

Rank in course/Total: 9 (of 177)

Rank in course/Men: 9 (of 144)

Best time in course: 1:12:48

Rank in category: 3(of 21)

Best time in the category: 1:22:47