



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Mastroserio, Michael

Club: Maintal
Number: 157

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:31:35

Speed: 13.76 km/h
Running performance: 4:20 min/km

Rank in course/Total: 16 (of 177)

Rank in course/Men: 15 (of 144)

Best time in course: 1:12:48

Rank in category: 4(of 21)

Best time in the category: 1:22:47