



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Knopf, Detlev

Club: Frankfurt am Main  
Number: 189

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:36:34

Speed: 13.05 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 30 (of 177)

Rank in course/Men: 28 (of 144)

Best time in course: 1:12:48

Rank in category: 5(of 23)

Best time in the category: 1:28:29