



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Mertens, Holger

Club: Bad Vilbel

Number: 73

Course: 21.10 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:36:57

Speed: 13.00 km/h

Running performance: 4:35 min/km

Rank in course/Total: 32 (of 177)

Rank in course/Men: 30 (of 144)

Best time in course: 1:12:48

Rank in category: 6(of 21)

Best time in the category: 1:22:47