



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Jakobs, Georg

Club: Altstadt
Number: 160

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:40:11

Speed: 12.58 km/h
Running performance: 4:45 min/km

Rank in course/Total: 45 (of 177)

Rank in course/Men: 43 (of 144)

Best time in course: 1:12:48

Rank in category: 10(of 36)

Best time in the category: 1:24:20