



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Binzel, Erich

Club: Gutenberg-Marathon-Club Mainz  
Number: 7

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:41:30

Speed: 12.41 km/h  
Running performance: 4:49 min/km

Rank in course/Total: 50 (of 177)

Rank in course/Men: 47 (of 144)

Best time in course: 1:12:48

Rank in category: 5(of 14)

Best time in the category: 1:33:47