



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Heibrock, Johanna

Club: TSV Krofdorf-Gleiberg  
Number: 1047

Course: 5.30 km  
Jedermannlauf

Category:  
Frauen

Total time: 22:58

Speed: 13.06 km/h  
Running performance: 4:20 min/km

Rank in course/Total: 3 (of 66)  
Rank in course/Women: 1 (of 25)  
Best time in course: 22:58

Rank in category: 1(of 25)  
Best time in the category: 22:58