



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Hecker, Matthias

Club: Wöllstadt
Number: 186

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:43:58

Speed: 12.12 km/h
Running performance: 4:56 min/km

Rank in course/Total: 58 (of 177)

Rank in course/Men: 55 (of 144)

Best time in course: 1:12:48

Rank in category: 11(of 21)

Best time in the category: 1:22:47