



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Golla, Thomas

Club: SG-Stern Frankfurt  
Number: 39

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:45:57

Speed: 11.89 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 65 (of 177)

Rank in course/Men: 61 (of 144)

Best time in course: 1:12:48

Rank in category: 15(of 36)

Best time in the category: 1:24:20