



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Steinbring, Michael

Club: TG Groß Karben

Number: 98

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:46:15

Speed: 11.86 km/h

Running performance: 5:02 min/km

Rank in course/Total: 68 (of 177)

Rank in course/Men: 64 (of 144)

Best time in course: 1:12:48

Rank in category: 17(of 36)

Best time in the category: 1:24:20