



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Heiskel, Normann

Club: Team Treffpunkt Maurer - TPM
Number: 46

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:46:16

Speed: 11.86 km/h
Running performance: 5:02 min/km

Rank in course/Total: 69 (of 177)

Rank in course/Men: 65 (of 144)

Best time in course: 1:12:48

Rank in category: 13(of 21)

Best time in the category: 1:22:47