



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Arabin, Klaus

Club: Naturfreunde  
Number: 1

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:46:23

Speed: 11.84 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 70 (of 177)

Rank in course/Men: 66 (of 144)

Best time in course: 1:12:48

Rank in category: 7(of 14)

Best time in the category: 1:33:47