



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Ruehl, Uwe

Club: Karben  
Number: 1043

Course: 5.30 km  
Jedermannlauf

Category:  
Männer

Total time: 31:08

Speed: 9.64 km/h  
Running performance: 5:52 min/km

Rank in course/Total: 29 (of 66)

Rank in course/Men: 23 (of 41)

Best time in course: 20:51

Rank in category: 23(of 41)

Best time in the category: 20:51