



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Kapfenstein, Siegfried

Club: Bad Vilbel

Number: 54

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:49:56

Speed: 11.46 km/h

Running performance: 5:13 min/km

Rank in course/Total: 92 (of 177)

Rank in course/Men: 87 (of 144)

Best time in course: 1:12:48

Rank in category: 25(of 36)

Best time in the category: 1:24:20