



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Beck, Roland

Club: LT Fit In Heldenbergen
Number: 141

Course: 21.10 km
Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:52:13

Speed: 11.23 km/h
Running performance: 5:19 min/km

Rank in course/Total: 96 (of 177)

Rank in course/Men: 90 (of 144)

Best time in course: 1:12:48

Rank in category: 9(of 14)

Best time in the category: 1:33:47