



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Gerke, Uwe

Club: Niederdorfelden  
Number: 133

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:53:24

Speed: 11.11 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 101 (of 177)

Rank in course/Men: 95 (of 144)

Best time in course: 1:12:48

Rank in category: 26(of 36)

Best time in the category: 1:24:20