



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

de la Rosa, Angel

Club: Karben

Number: 19

Course: 21.10 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:54:32

Speed: 11.00 km/h

Running performance: 5:26 min/km

Rank in course/Total: 108 (of 177)

Rank in course/Men: 100 (of 144)

Best time in course: 1:12:48

Rank in category: 19(of 23)

Best time in the category: 1:28:29