



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Steul, Sabine

Club: Nidderau
Number: 100

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:56:10

Speed: 10.85 km/h
Running performance: 5:31 min/km

Rank in course/Total: 116 (of 177)

Rank in course/Women: 10 (of 33)

Best time in course: 1:28:27

Rank in category: 1(of 5)

Best time in the category: 1:56:10