



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Zimmer, Frank

Club: Skills 04 Frankfurt
Number: 643

Course: 10.00 km
10 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 36:49

Speed: 16.30 km/h
Running performance: 3:41 min/km

Rank in course/Total: 6 (of 180)

Rank in course/Men: 6 (of 140)

Best time in course: 34:14

Rank in category: 1(of 32)

Best time in the category: 36:49