



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Stephan, Martin

Club: Oberursel

Number: 171

Course: 21.10 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:59:00

Speed: 10.59 km/h

Running performance: 5:38 min/km

Rank in course/Total: 125 (of 177)

Rank in course/Men: 115 (of 144)

Best time in course: 1:12:48

Rank in category: 22(of 23)

Best time in the category: 1:28:29