



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Kohnke, Regina

Club: SG Druckerei Spiegler Bad Vilbel  
Number: 59

Course: 21.10 km  
Halbmarathon

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 2:00:21

Speed: 10.47 km/h  
Running performance: 5:42 min/km

Rank in course/Total: 131 (of 177)

Rank in course/Women: 13 (of 33)

Best time in course: 1:28:27

Rank in category: 4(of 7)

Best time in the category: 1:36:06