



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Galonska, Isabell

Club: Frankfurt
Number: 34

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:05:44

Speed: 10.02 km/h
Running performance: 5:58 min/km

Rank in course/Total: 151 (of 177)

Rank in course/Women: 21 (of 33)

Best time in course: 1:28:27

Rank in category: 4(of 7)

Best time in the category: 1:28:27