



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Gönsch, Iris

Club: Tri-Team Gießen

Number: 40

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 2:06:47

Speed: 9.94 km/h

Running performance: 6:01 min/km

Rank in course/Total: 152 (of 177)

Rank in course/Women: 22 (of 33)

Best time in course: 1:28:27

Rank in category: 6(of 7)

Best time in the category: 1:36:06