



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

**Wolf, Elvira**

Club: Frankfurt  
Number: 114

Course: 21.10 km  
Halbmarathon

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 2:08:21

Speed: 9.82 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 155 (of 177)

Rank in course/Women: 23 (of 33)

Best time in course: 1:28:27

Rank in category: 2(of 3)

Best time in the category: 2:03:27