



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Heller, Aylene

Club: Spiridon Frankfurt
Number: 47

Course: 21.10 km
Halbmarathon

Category:
Frauen (20-29 Jahre)

Total time: 2:08:29

Speed: 9.81 km/h
Running performance: 6:05 min/km

Rank in course/Total: 156 (of 177)

Rank in course/Women: 24 (of 33)

Best time in course: 1:28:27

Rank in category: 9(of 10)

Best time in the category: 1:44:30