



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Lohrmann-Seckel, Alexandra

Club: Frankfurt

Number: 64

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:11:17

Speed: 9.60 km/h

Running performance: 6:13 min/km

Rank in course/Total: 164 (of 177)

Rank in course/Women: 27 (of 33)

Best time in course: 1:28:27

Rank in category: 4(of 5)

Best time in the category: 1:56:10