



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Henrich, Björn

Club: ASC Marathon Friedberg
Number: 529

Course: 10.00 km
10 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 40:14

Speed: 14.91 km/h
Running performance: 4:01 min/km

Rank in course/Total: 10 (of 180)

Rank in course/Men: 10 (of 140)

Best time in course: 34:14

Rank in category: 3(of 13)

Best time in the category: 36:25