



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Ebert, Hubert

Club: Frankfurt am Main
Number: 641

Course: 10.00 km
10 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 40:33

Speed: 14.80 km/h
Running performance: 4:04 min/km

Rank in course/Total: 11 (of 180)

Rank in course/Men: 11 (of 140)

Best time in course: 34:14

Rank in category: 1(of 25)

Best time in the category: 40:33