



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Elouarti, Abdaltif

Club: Rosbach
Number: 513

Course: 10.00 km
10 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 41:49

Speed: 14.35 km/h
Running performance: 4:11 min/km

Rank in course/Total: 16 (of 180)

Rank in course/Men: 15 (of 140)

Best time in course: 34:14

Rank in category: 5(of 15)

Best time in the category: 34:33