



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Tschenscher, Manuel

Club: Laufftreff Butzbach
Number: 614

Course: 10.00 km
10 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 42:07

Speed: 14.25 km/h
Running performance: 4:13 min/km

Rank in course/Total: 18 (of 180)

Rank in course/Men: 17 (of 140)

Best time in course: 34:14

Rank in category: 6(of 15)

Best time in the category: 34:33