



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Helbig, Christina

Club: Karben  
Number: 1040

Course: 5.30 km  
Jedermannlauf

Category:  
Frauen

Total time: 37:12

Speed: 8.06 km/h  
Running performance: 7:01 min/km

Rank in course/Total: 55 (of 66)  
Rank in course/Women: 18 (of 25)  
Best time in course: 22:58

Rank in category: 18(of 25)  
Best time in the category: 22:58