



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

wentland, wolfgang

Club: D-Street Runners  
Number: 596

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 42:28

Speed: 14.13 km/h  
Running performance: 4:15 min/km

Rank in course/Total: 21 (of 180)

Rank in course/Men: 20 (of 140)

Best time in course: 34:14

Rank in category: 4(of 32)

Best time in the category: 36:49