



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Massar, Philipp

Club: \*\*\* Team Fotografie Wölfl \*\*\*  
Number: 554

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 42:32

Speed: 14.11 km/h  
Running performance: 4:15 min/km

Rank in course/Total: 23 (of 180)

Rank in course/Men: 22 (of 140)

Best time in course: 34:14

Rank in category: 7(of 15)

Best time in the category: 34:33