



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Schlurmann, Ulf

Club: Butzbach

Number: 624

Course: 10.00 km

10 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 42:46

Speed: 14.03 km/h

Running performance: 4:17 min/km

Rank in course/Total: 24 (of 180)

Rank in course/Men: 23 (of 140)

Best time in course: 34:14

Rank in category: 5(of 32)

Best time in the category: 36:49