



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

aimut, amine

Club: BELC 89

Number: 501

Course: 10.00 km

10 km - Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 42:47

Speed: 14.02 km/h

Running performance: 4:17 min/km

Rank in course/Total: 25 (of 180)

Rank in course/Men: 24 (of 140)

Best time in course: 34:14

Rank in category: 4(of 25)

Best time in the category: 40:33