



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Lotz, Achim

Club: ASC Marathon Friedberg  
Number: 626

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 43:53

Speed: 13.67 km/h  
Running performance: 4:23 min/km

Rank in course/Total: 33 (of 180)

Rank in course/Men: 31 (of 140)

Best time in course: 34:14

Rank in category: 2(of 15)

Best time in the category: 39:50