



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Kissel, Ralf

Total time: 1:17:26

Club: Zwingenberg

Number: 108

Course: 25.75 km

Rank in course/Total: 146 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 130 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 29(of 52)

Senioren 1 (TM 40-44)

Best time in the category: 1:03:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	10:23	20:45	16	2:18	88	3:08	0.50	10:23	20:45	52		18	1:38
Schwimmen Total	0.50	10:23												
Wechsel Schw.-R	0.25	fehlt!	-	-	-	-	-	0.75	-	-	-	-	-	-
Rad	20.00	42:40	2:07	41	10:33	203	12:23	20.75	53:03	2:33	51	8:46	250	9:59
Rad Total	20.25	42:40												
Laufrunde 2,5 km	2.50	12:34	5:01	36	2:34	151	3:33	23.25	1:05:37	2:49	51	10:48	248	12:17
Lauf	2.50	11:49	4:43	24	2:02	111	2:52	25.75	1:17:26	3:00	29	13:50	131	15:18
Lauf Total	25.25	1:17:26												