



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Fiedler, Siegfried

Total time: 1:20:44

Club: TSG Maxdorf

Number: 112

Course: 25.75 km

Rank in course/Total: 181 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 159 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 8(of 19)

Senioren 4 (TM 55-59)

Best time in the category: 1:10:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.50	8:35	17:10	1	-	12	1:20	0.50	8:35	17:10	20			251	
Schwimmen Total	0.50	8:35													
Wechsel Schw.-R	0.25	3:15	13:00	12	1:25	169	1:50	0.75	11:50	15:46	20			245	1:10
Rad	20.00	43:18	2:09	17	8:01	214	13:01	20.75	55:08	2:39	20	5:26	250	12:04	
Rad Total	20.25	46:33													
Laufrunde 2,5 km	2.50	12:35	5:01	10	1:51	152	3:34	23.25	1:07:43	2:54	20	6:42	248	14:23	
Lauf	2.50	13:01	5:12	10	2:26	159	4:04	25.75	1:20:44	3:08	8	10:16	160	18:36	
Lauf Total	25.25	1:20:44													