



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Aigner, Dietmar

Total time: 1:21:07

Club: Darmstadt

Number: 99

Course: 25.75 km

Rank in course/Total: 186 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 161 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 10(of 11)

männl. AK 3 (TM 30-34)

Best time in the category: 1:04:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:34	23:07	8	2:52	143	4:19	0.50	11:34	23:07	12	1:46	251	2:49
Schwimmen Total	0.50	11:34												
Wechsel Schw.-R	0.25	3:33	14:11	11	1:58	187	2:08	0.75	15:07	20:09	12	3:23	21	4:27
Rad	20.00	38:25	1:55	9	6:11	122	8:08	20.75	53:32	2:34	12	9:34	250	10:28
Rad Total	20.25	41:58												
Laufrunde 2,5 km	2.50	13:24	5:21	11	3:02	179	4:23	23.25	1:06:56	2:52	12	12:05	248	13:36
Lauf	2.50	14:11	5:40	11	4:30	195	5:14	25.75	1:21:07	3:09	10	17:06	162	18:59
Lauf Total	25.25	1:21:07												