



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Schenkel, Christian

Total time: 1:22:25

Club: Bürstadt

Number: 106

Course: 25.75 km

Rank in course/Total: 195 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 165 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 24(of 31)

männl. AK 4 (TM 35-39)

Best time in the category: 1:02:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:25	20:49	11	2:42	90	3:10	0.50	10:25	20:49	32		4	1:40
Schwimmen Total	0.50	10:25												
Wechsel Schw.-R	0.25	3:06	12:24	22	1:34	149	1:41	0.75	13:31	18:01	32		245	2:51
Rad	20.00	44:01	2:12	30	12:11	225	13:44	20.75	57:32	2:46	32	6:47	250	14:28
Rad Total	20.25	47:07												
Laufrunde 2,5 km	2.50	12:31	5:00	22	2:53	148	3:30	23.25	1:10:03	3:00	32	8:31	248	16:43
Lauf	2.50	12:22	4:56	22	2:37	143	3:25	25.75	1:22:25	3:12	24	20:17	166	20:17
Lauf Total	25.25	1:22:25												