



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Jurewicz, Jan

Club: Westhofen

Number: 125

Course: 25.75 km

Lorsche Triathlon 0,5-20-5

Category:

Senioren 4 (TM 55-59)

Total time: 1:23:36

Rank in course/Total: 206 (of 307)

Rank in course/Men: 174 (of 251)

Best time in course: 1:02:08

Rank in category: 10(of 19)

Best time in the category: 1:10:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:47	27:33	17	5:12	225	6:32	0.50	13:47	27:33	20	2:18	251	5:02
Schwimmen Total	0.50	13:47												
Wechsel Schw.-R	0.25	4:03	16:11	14	2:13	214	2:38	0.75	17:50	23:46	20	3:54	245	7:10
Rad	20.00	41:31	2:04	14	6:14	188	11:14	20.75	59:21	2:51	20	9:39	250	16:17
Rad Total	20.25	45:34												
Laufrunde 2,5 km	2.50	11:58	4:47	7	1:14	113	2:57	23.25	1:11:19	3:04	20	10:18	248	17:59
Lauf	2.50	12:17	4:54	8	1:42	138	3:20	25.75	1:23:36	3:14	10	13:08	175	21:28
Lauf Total	25.25	1:23:36												